Dirac electron behavior and NMR evidence for topological band inversion in ZrTe₅

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(Received 1 July 2019; published 31 October 2019)

We report ¹²⁵Te NMR measurements of the topological quantum material ZrTe₅. Spin-lattice relaxation results, well explained by a theoretical model of Dirac electron systems, reveal that the topological characteristic of ZrTe₅ is $T$ dependent, changing from weak topological insulator to strong topological insulator as temperature increases. Electronic structure calculations confirm this ordering, the reverse of what has been proposed. NMR results demonstrate a gapless Dirac semimetal state occurring at a Lifshitz transition temperature, $T_c = 85$ K, in our crystals. We demonstrate that the changes in NMR shift at $T_c$ also provide direct evidence of band inversion when the topological phase transition occurs.

DOI: 10.1103/PhysRevB.100.165149

I. INTRODUCTION

ZrTe₅ has attracted great interest as an exotic quantum material due to observations such as the chiral magnetic effect [1] and three-dimensional (3D) quantum Hall effect [2]. Initially, monolayer ZrTe₅ was predicted to be a two-dimensional (2D) topological insulator (TI) [3], with bulk ZrTe₅ argued to be either a weak TI (WTI) or strong TI (STI) [3], where the latter implies a more robust protection of topological surface states from disorder, along with the presence of a bulk gap. It was further predicted that a topological phase transition separates these TI states [4,5] with a temperature-driven valence and conduction band inversion associated with the topological phase transition [4]. For example, the STI state possesses helical Dirac surface states which might be utilized along with the proximity effect as the basis for devices for quantum computation [6].

Since these predictions were made, the topological nature of ZrTe₅ has remained controversial. Angle-resolved photoemission spectroscopy (ARPES) studies [1,7] and the observed chiral magnetic effect [1] indicate a 3D Dirac semimetal state, also suggested by infrared [8], magneto-optical [9], and transport [10] measurements. Based on high-resolution ARPES, however, it was concluded that ZrTe₅ should be a 3D WTI at low temperatures [11]. Scanning tunneling microscopy [12,13] and Shubnikov-de Haas results [14] also support a WTI interpretation, while other probes of the metallic surface states argued that ZrTe₅ is a low-$T$ STI [4,15]. Regarding the topological phase transition, a recent infrared [16] study suggested that ZrTe₅ transits from WTI to STI with temperature decreasing, with the Dirac semimetal state appearing at the transition, while ARPES results [17] have shown the gap remaining open and the sample a WTI over the measured temperature range.

As a powerful technique, NMR has the capability of probing both Dirac electrons and orbital symmetry changes. In this work, we describe ¹²⁵Te NMR measurements supported by electronic structure calculations, characterizing the 3D Dirac topological nature of ZrTe₅. The phase transition is shown to proceed from WTI to STI with increasing temperature associated with the bulk gap closing and reopening, while direct evidence of band inversion at the topological phase transition is established based on NMR shift measurements, demonstrating a significant capability for probing quantum materials.

II. EXPERIMENTAL AND COMPUTATIONAL METHODS

Figures 1(a) and 1(b) show the ZrTe₅ crystal structure, which can be treated as ZrTe₃ chains connected by Te₂ bridging atoms. ZrTe₅ single crystals were prepared by chemical vapor transport (CVT). A ZrTe₅ precursor was prepared by reacting stoichiometric amounts of Zr (99.9%) and Te (99.999%) in evacuated ampules at 500°C, then mixed with 5 mg/cm³ iodine and sealed in a quartz ampule under vacuum. The ampule was held in a 530–470°C gradient for one week, yielding needlelike single crystals.

Cameca SXFive microprobe measurements indicated a uniform phase ZrTe₅₀₂⁻₀₀₂, equivalent within resolution to the stoichiometric composition, and larger Te content than in...
some other reports [18,19]. No I or Hf was detected. Transport measurement showed a resistance anomaly at \( \sim 125 \) K, typical for CVT samples. NMR experiments utilized a custom-built spectrometer at a fixed field \( H_0 \approx 9 \) T, aligning many crystals with \( H_0 \parallel a \). Note that \( H_0 \parallel a \) minimizes magnetic quantum effects [18], providing a probe of an essentially unperturbed electronic structure.\(^{125}\)Te shifts were calibrated by aqueous Te(OH)\(_6\) and adjusted for its \( \delta = 707 \) ppm paramagnetic shift to the dimethyltelluride standard [20]. Density functional theory (DFT) calculations were performed with WIEN2K [21] using Perdew, Burke, and Ernzerhof (PBE) exchange-correlation potential, with spin-orbit coupling, a \( k \)-point grid of \( 15 \times 15 \times 4 \), and atom positions from experiment [22]. Calibration of calculated \( ^{125}\)Te chemical shifts was based on the computed ZnTe shift [23].

III. EXPERIMENTAL RESULTS

A. Line shapes and shifts

Figure 2(a) shows a room-temperature \(^{125}\)Te NMR spectrum (\( I = 1/2 \)), with peaks labeled corresponding to the three Te sites: apical (Te\(_a\)), dimer (Te\(_d\)), and zigzag (Te\(_z\)) (Fig. 1). Figure 2(b) displays spectra vs temperature. Note that the number of nuclei in the expected topological edge states is negligible compared with that of the bulk so that the spectra represent the bulk. Figure 2(c) shows shifts obtained by fitting to three Gaussian peaks. Site assignments aided by DFT will be discussed below.

While the Te\(_d\) and Te\(_a\) sites show similar behavior, steadily decreasing with temperature, Te\(_z\) behaves somewhat differently, with a consistently larger line width, and about 25% smaller spectral area than expected. With the ZrTe\(_3\) chain believed to act as a rigid frame [22], small separations and distortions of the layers apparently affect most strongly the zigzag sites causing the enhanced broadening.

B. Spin-lattice relaxation

Spin-lattice relaxation, measured by inversion recovery, could be well fitted to a single exponential \( M(t) = (1 - Ce^{-t/T_1})M(\infty) \), giving 1/\( T_1 \) values shown in Fig. 3. The observed minimum can be regarded as indicating a density of states minimum at \( E_F \) for this temperature. In metals, 1/\( T_1 \) is often dominated by s-electron Fermi contact and proportional to \( g^2(E_F) \). However, with Dirac and band-edge states in ZrTe\(_5\) dominated by Te p states [3], core polarization and dipolar hyperfine coupling would be expected to play more important roles. In most cases, these terms cause significant site dependence. Instead, the behavior shown in Fig. 3 is independent of site near the minimum.

IV. DISCUSSION

A. Relaxation in Dirac electron system

A recent model of spin-orbit-based NMR relaxation in 3D Dirac and Weyl systems accounts for this behavior very well. In this theory [24,25], fluctuations in Dirac-type orbital currents are responsible for the relaxation. The orbital hyperfine interaction introduces a 1/\( k^2 \) contribution to the momentum sum determining 1/\( T_1 \) [24,26], thus connecting to fluctuations that are more extended in space than the typical local contributions, explaining the site independence. The result is a quadratic 1/\( T_1 \) minimum vs chemical potential (\( \mu \)) in the zero-\( T \) limit as the Dirac point is traversed. This
model was also applied to TaP [26], where μ pinned to a Weyl point leads to $T^2$ behavior. Here we show that this applies to the analogous case of Dirac electrons with a small gap, with μ steadily advancing through the Dirac point. For massive Dirac fermions, the orbital contribution is [25]

$$
\frac{1}{T_1 T} = \frac{2\pi}{3} \mu_0^2 y_0^2 \epsilon^2 c^4 \int_0^\infty dE \left[ - \frac{\partial f(E, \mu)}{\partial E} \right] \frac{g^2(E)}{E^2} \ln \frac{2(E^2 - \Delta^2)}{\epsilon_0 |E|},
$$

(1)

with $E = \pm \sqrt{\epsilon^2 k^2 + \Delta^2}$. In addition, $f(E, \mu)$ is the Fermi function, and $g(E)$ is the Dirac electron density of states,

$$
g(E) = \frac{|E| \sqrt{E^2 - \Delta^2}}{2\pi^2 c^3} \beta (E^2 - \Delta^2),
$$

(2)

with $\theta(E^2 - \Delta^2)$ a step function enforcing no states in the $E_g = 2\Delta$ gap. The result is

$$
\frac{1}{T_1 T} = \frac{\mu_0^2 y_0^2 \epsilon^2 k_B \beta}{6\pi^2 c^2 \hbar^4} \int_{|E| \geq \Delta} dE \frac{\exp[(E^2 - \Delta^2)/(2k_BT)]}{4k_BT \cosh^2[(E - \mu)/(2k_BT)]},
$$

(3)

where β is an overall scale factor [26] accounting for details of the Bloch wave functions.

**B. $T$-dependent band gap**

In fitting $1/T_1 T$, we assumed μ is positioned in the conduction band at low temperature, and advances through the Dirac point as $T$ increases, consistent with the observed n- to p-type change [18,27] as well as ARPES measurements [17]. By numerically integrating Eq. (3), we found that a linear decrease in μ vs $T$ gives results that agree with the higher-temperature data, but only with the gap set to $2\Delta \approx 60$ meV. However, close to the minimum, the smaller curvature indicates a gap approaching zero. This is illustrated in Fig. 3 for the $E_g$ site with gapless and gapped ($E_g = 60$ meV) cases shown by the labeled curves, with a very small $1/T_1 T = 0.009$ s$^{-1}$ K$^{-1}$ term added to account for other relaxation contributions. In the calculation, we replaced $c^3$ by the product of the three experimental Fermi velocities reported by Tang et al. [2], leading to $c^* = 2.1 \times 10^5$ m/s. The fitting at high temperatures gives $\beta = 5.6 \times 10^5$, which can be compared to $\beta = 8.6 \times 10^5$ reported for the Weyl case for TaP [26]. $\beta$ and $c^*$ appear only in the prefactor of Eq. (3); their variation leads to a small scaling of the overall $E_g$ results without affecting the final results in a significant way.

Within this model, we set $\mu = \alpha(T - T_c)$ and fitted Δ vs $T$. This yielded $\alpha = -5k_BT_c = 85$ K, and $E_g$ vs temperature shown in Fig. 4(a), clearly indicating a gap closing and opening. The closing point occurs at or very near $T_c$, where μ crosses between bands. Results for $E_g$ and $E_d$ sites are quite similar as shown in the plot. The $E_g$ shift crossover prevented $T_1$ measurement in the immediate vicinity of $T_c$, although its behavior away from $T_c$ is similar to that of the other sites. These results agree well with those of Xu et al. [16], although we find a larger high-$T$ gap. Also note that the fit shows that μ is positioned in the Dirac bands, rather than in the gap both above and below $T_c$.

**C. Topological phase transition**

There have been several recent reports [2,11,12,14,17,28] from Berry phase and surface imaging showing that the low-$T$ phase is a weak, rather than strong, TI. Based on these results, we can infer that the Lifshitz transition observed here corresponds to a change from WTI to STI as temperature increases. This is the reverse of what was initially proposed [4,5], and provides a clearer picture of the topological phase transition.

DFT calculations confirm that the inversion proceeds from WTI to STI as $T$ increases. We initially scaled only b, and obtained DFT results equivalent to those of Ref. [4], with a gap closing at $b = 14.8\,$Å, and reopening with reversed parity at $\Gamma$. It was shown [4] that this corresponds to a change from STI to WTI with increasing $b$. Similar results were obtained in Ref. [5]. However, we note that the experimental thermal expansion [22] for b and c are essentially equal and much smaller for a. Thus, we examined the case of $b$ and $c$ scaled equally with a held constant. The result, shown in Fig. 2(d), is that the gap closes at $b = 14.31\,$Å, $c = 13.51\,$Å, for smaller instead of larger b. Figure 4(d) shows schematically an inferred phase boundary connecting the two inversion points identified this way. The parity of the band edges at $\Gamma$ is reversed at both inversion points. With the STI to WTI transition already demonstrated for the horizontal path in Fig. 4(d), the second inversion at $\Gamma$ also requires a change of the strong $Z_2$ index and thus transition between STI and WTI [29].

Between 293 and 10 K, $b$ changes from 14.53 to 14.47 Å [22], with a corresponding reduction of $c$. This range does not include the predicted crossing, however, use of other
exchange potentials may lead to adjustment of the predicted crossing point [3]. In addition strongly $n$-type CVT crystals are reported to have smaller lattice constants [18] making it appear likely that thermal expansion indeed drives the topological transition illustrated in Fig. 4(d). This explains why the topological transition appears at higher temperatures in $n$-type materials with reduced lattice parameters. It also suggests that $p$-type crystals, reported to be semiconducting at all temperatures [18,30], are also STI down to zero temperature.

**D. Two-band model**

The difference between the Lifshitz transition temperature $T_c$ and $n$-$p$ transition temperature $T_p$ can be well explained by a two-band model [18,30] as shown in Fig. 4(b). While the Lifshitz transition occurs when $\mu$ passes through the Dirac point, carriers are also transferred to other minima, especially the one between $Y$ and $X$, which is nearly degenerate with the Dirac point [Fig. 2(e)]. This is illustrated in Fig. 4(c) along with the measured resistance anomaly: (i) Below $T_c$, there is $n$-type metallic behavior with $\mu$ in the Dirac and secondary conduction bands. (ii) At $T_c$, $\mu$ is at the Dirac point, which transits to a gapless semimetal state. With $\mu$ also crossing the secondary band edge, the carriers remain $n$-type due to states at the parabolic minimum. (iii) $\mu$ moves away from the secondary conduction band edge, giving the $n$-$p$ transition and the resistance anomaly. (iv) Increasing temperature produces metallic $p$-type behavior.

The carriers in the secondary minima will induce NMR Knight shifts ($K$) through their on-site spin interactions. However, based on the observed resistivity maximum, it can be estimated [18] that our crystals have $n \approx 1 \times 10^{18}$ cm$^{-3}$. For such carrier densities we estimate a contribution to $K$ which is negligible compared to the observed $T$-dependent shifts; see, for example, computed Te shifts for Bi$_2$Te$_3$ in Ref. [31]. Thus, the observed $T$ dependence must be caused by Knight shifts associated with Dirac electron spins, and/or on-site chemical shifts ($\delta$) due to the induced paramagnetic response of the valence band.

For Dirac electrons, it was recently shown [24] that a significant dipole-generated $K$ could be expected. The limiting contribution is proportional to $\mu$ away from the Dirac point, thus linear in $T$ for the present case, with sign changing as the Dirac point is traversed. The dipole hyperfine field includes an angle dependence which can lead to different magnitudes on each site, however, it seems likely that the nearly equivalent linear-$T$ behavior for the Te$_d$ and Te$_s$ shifts is due to the Dirac electrons, with a smaller contribution for Te$_t$. Since these contributions vanish at $T_c$ where $\mu$ goes through zero, the underlying chemical shifts can be identified from the shifts at this point.

**E. DFT calculation on chemical shift**

DFT calculations of $\delta$ are shown in Fig. 2(d), vs changes in $b$ and $c$. The shifts for Te$_d$ and Te$_t$ are nearly identical, while for Te$_s$ the result is about 500 ppm more negative. This agrees with the observed shifts at $T_c$, except for an overall negative shift. Although exchange potentials such as mBJ are expected to better reproduce the experimental shifts as opposed to PBE [23], the relative positions are thus rather close to what is observed. The calculated change in $\delta$ vs lattice expansion is relatively small, indicating that Dirac electrons are the dominant source for the observed linear $T$ dependence. However, the steplike change in Te$_s$ shift at the inversion point is reproduced in the calculation of $\delta$, which helps to confirm the site identification of NMR lines.

With $\delta$ associated with a local Van Vleck-type susceptibility due to partially filled Te $p$ states [32], the steplike change in $\delta$ also indicates a rearrangement of filled orbitals at $T_c$. The proposed band inversion was originally explained [3] in terms of a change in stabilization of $p$ orbitals on Te$_s$ and Te$_d$ sites. An associated change in orbital occupation thus will modify $\delta$, and this demonstrates that the NMR shifts in this case provide a direct measurement of the topological inversion, and thus further confirmation of the orbital interchange involved in the ZrTe$_3$ transformation. There are few techniques providing a local measurement of atomic symmetry; thus this can be a significant capability for probing quantum materials.

**V. CONCLUSIONS**

In summary, we explored the electronic structure and topological nature of ZrTe$_3$ using NMR techniques combined with DFT calculations. Results show that the Dirac band gap closes and reopens at a Lifshitz transition with temperature increasing, which corresponds to a topological phase transition from weak to strong topological insulator. We also show that the NMR $T_c$ results provide a very sensitive measure of the Dirac electrons involved in this transition. DFT calculations give further details about this band inversion, providing a
better understanding of the topological phase transition. The observed shift change of the Te$_s$ site at $T_c$ give direct evidence of the band inversion of symmetry occurring at the topological phase transition point.

ACKNOWLEDGMENTS

The authors acknowledge helpful discussions with B. Döra. This work was supported by the Robert A. Welch Foundation, Grant No. A-1526.


